MY DES MOINES SPORTS ACTIVITY BOOK

Written by

With help from

[Logos of various sports teams]
INTRODUCTION

We are so excited to bring you the “My Des Moines Sports Activity Book!” Your friends at the I-Cubs, Wolves, Barnstormers, Buccaneers, Menace, and Pro Iowa have worked really hard to create these fun sports themed puzzles and pictures for you and your family to solve and color.

When you’ve finished the book, ask your parent or guardian if they can share photos of your work on Facebook or Twitter using the hashtag #MySportsActivityBook and tagging the appropriate teams. We will be giving away prizes to a few lucky winners!

We’ll see you the next time we are able to take the field, court, rink, or pitch again, and in the meantime, we can’t wait to see and share your work with other fans!

Your friends,

The I-Cubs, Wolves, Barnstormers, Buccaneers, Menace, and Pro Iowa
CONNECT THE DOTS
Connect the dots to draw the soccer player, then color the picture!
COMPLETE THE PATTERN

Help complete the patterns below by drawing the missing picture!

1-0  2-0  3-0  4-0  5-0

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DESIGN A MENACE UNIFORM
Color and design your own Des Moines Menace soccer uniform!
MY SPORTS STORY

Write your own sports story below and draw a picture to go with it!

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__________________________________________________________
BASEBALL WORD SEARCH
Find the baseball related words from the word key below!

CUBBIE BEAR  FIRST BASE
BASEBALL       SECOND BASE
STRIKE        THIRD BASE
OUT           SHORTSTOP
FOUL BALL     LEFT FIELD
PITCHER       CENTER FIELD
CATCHER       RIGHT FIELD

IOWA CUBS MAZE
Help Cubbie Bear get back home to Principal Park!
BASEBALL BY THE NUMBERS
Using your knowledge of baseball, turn the words into numbers and do the math to get the answers!

Example: Number of bases x number of strikes in an out: \( 4 \times 3 = 12 \)

Number of bases in a single + Number of players in a batting order: ___ + ___ = ___

Number of outs in an inning - Number of bases in a triple: ___ - ___ = ___

Number of innings in a game \( \times \) Number of bases in a double: ___ \( \times \) ___ = ___

BASEBALL WORD SCRAMBLE
Help Cubbie Bear unscramble these baseball terms!

LLEABSAB
FLDIIEN
FULODIET
OKEURISTT
TICPH
CTCAH
LYFLABL
PYALRE
LFOLUBLA
**FAVORITE SPORTS POLL**

Ask your family members what their favorite sport is, then write their name in that sport’s column!

<table>
<thead>
<tr>
<th>6</th>
<th>5</th>
<th>4</th>
<th>3</th>
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- **FOOTBALL**
- **BASKETBALL**
- **SOCCER**
- **HOCKEY**
- **BASEBALL**

**THE FAVORITE SPORT IN MY FAMILY WAS:**

Draw the sport here:
FIND THE MATCH

Find and circle the two matching Alphas!
Find the basketball related words below!

Help Alpha decode the secret message below!

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**WORD KEY**
- BASKETBALL
- ONE PACK
- BACKBOARD
- REFEREE
- DRIBBLE
- ALPHA
- CHARGE
- PASS
- COACH
- DUNK
- TRAVEL
- FOUL
- CHEER
- SWAT

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**DECODE THE MESSAGE**

Help Alpha decode the secret message below!

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A B C D E F G H I

J K L M N O P Q

R S T U V W X Y Z
SAILING THE SEAS MAZE
Find your way through the maze to get to the end!

START

FINISH
BUCCANEER COLORING SHIP

As Buccaneers, we rely on our ships to sail the Seven Seas. Help us color our newest ship using the color code as a guide!

COLOR CODE

1 = RED
2 = BROWN
3 = BLUE
4 = DARK BLUE
5 = LIGHT BLUE
6 = YELLOW
7 = GREY
DRESS THE PLAYER
Help the Barnstormers player get ready for the game by circling the items that he needs to complete his outfit!
COMPLETE THE PATTERN
Draw in the missing pictures to complete the pattern!

FOOTBALL WORD SEARCH
Find the hidden words related to football!

WORD KEY
ATHLETE: S K I C B O Q E C R X P A T O
GAME DAY: N K D J D M C Y L S O Y X Y U
LOCKER ROOM: E P Z V L J X K A M K Y Q E C
TOUCHDOWN: F A T H L E T E E D E O N W H
DEFENSE: E Y N O I T P E C R E T N I D
HELMET: D I H O E L K C A T R M D C O
QUARTERBACK: Q U A R T E R B A C K O A D W
FOOTBALL: V C H L L A B T O O F X O G N
TACKLE: B C F O B M H Y E R L M V M V
MY SPORTS CARD

Draw a picture of you playing your favorite sport, then fill out your information to complete the card!

Draw Yourself!

First Name: __________________________

Last Name: __________________________

Age: __________________________

Hometown: __________________________

Favorite Sport: __________________________

Favorite Team: __________________________

Height: _____ Feet _____ Inches

Shoe Size: __________________________

Favorite Ice Cream: __________________________

Favorite Color: __________________________

Fun Fact About Me:

______________________________________________________________

______________________________________________________________
THANK YOU
Color the logos of the Des Moines sports teams!